

BURFORD SCHOOL



# Burford School

## **Personal, Social and Health Education (PSHE) and Citizenship Policy**



## PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) AND CITIZENSHIP POLICY

This policy was approved by the governing body in November '11

This policy will be reviewed in November '13

### 1. Aims and Objectives

- i) Personal, social and health education (PHSE) and citizenship enables children to become healthy, independent and responsible members of society. At Burford School, we encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We teach them how society is organised. We ensure that they experience the process of democracy in school. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.
- ii) The aims of personal, social and health education and citizenship are to enable the children to:
  - know and understand what constitutes a healthy lifestyle
  - be aware of safety issues
  - understand what makes for good relationships with others
  - have respect for others
  - be independent and responsible members of the school community
  - develop self-confidence and self-esteem, leading to informed choices regarding personal and social issues
  - develop good relationships with other members of the school and the wider community
  - to provide a welcoming and attractive school which reflects the above attitudes.

### 2. Teaching and Learning Style

We use a range of teaching and learning styles designed to give children access to information for their development, and skills to help them independently explore their emotional and social intelligence.

There are weekly timetabled PSHE sessions across KS1 and KS2, mainly taught through circle time and lessons based on SEAL. In addition to this, PSHE is taught through cross curricular links as well as opportunities provided during collective worship, achievement assemblies and through our whole school ethos.

Through the SEAL programme we place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. Through whole school and community events we encourage the children to take part in a range of practical activities that promote active citizenship:

- charity fundraising
- the planning of school special events
- Cross curricular activities e.g. Learning about communities in RE

All classes use circle time as a regular opportunity to promote and discuss issues within PSHE, for example, resolving conflicts and agreeing on classroom rules. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into school to talk about their role in creating a positive and supportive local community.

The School Council provides a voice for the children to encourage us to make any changes that will improve the children's social and emotional wellbeing. Two members of each year group constitute the school council and regular meetings enable ideas to be discussed and decisions made.

### **3. PSHE and Citizenship Curriculum Planning**

We teach PSHE and citizenship in a variety of ways.

- i) In some instances, e.g. drugs education, we teach PSHE and citizenship as a discrete subject.
- ii) Some of the time we introduce PSHE and citizenship through other subjects, as SEAL promotes, e.g. when teaching about local environmental issues in geography, we offer pupils the opportunity to explore who is responsible for the maintenance and upkeep of local parks and cycle paths. As there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach a considerable amount of the PSHE and citizenship through our religious education lessons.

In-service training is used as a basis for reviewing and revising our thinking on new and relevant issues which may lead to changes in our planning.

Weekly lessons are based on SEAL and copies of this can found in teacher's planning files.

### **4. Early Years Foundation Stage**

We teach PSHE and citizenship in reception classes as an integral part of the Foundation Stage Curriculum. SEAL lessons are taught, either discreetly or through cross curricular links, and circle time is regularly held. PSHE is predominantly taught through the Personal, Social and Emotional Development strand of the Foundation Stage Curriculum and Citizenship is covered within Knowledge and Understanding of the World. Visitors from the local community are often invited in to speak to the children, for example, a local policeman.

### **5. Inclusion**

We teach PSHE and citizenship to all children and differentiate tasks to suit their learning styles. We promote through various activities a sense of group

support, assessment and improvement through PSHE. When teaching PSHE and citizenship we take into account the targets set for the children in their provision maps.

**6. Assessment and Recording**

Teachers assess the children's work in PSHE and citizenship by making informal judgements through observation, discussion and questioning. Children are directed to areas they may need to improve through positive and constructive feedback in large and small group settings. In the Early Years Foundation Stage, assessment is carried out through observations which are kept in the children's individual profiles.

**7. Resources**

There are a variety of resources to aid planning and teaching of PSHE and Citizenship. SEAL resources are available online or in hard copy. We have a variety of fiction and non-fiction books covering a range of PSHE topics. Our PSHE and citizenship subject co-ordinator holds a selection of year group specific reference materials for teaching sensitive issues.

**8. Monitoring and Review**

The PSHE and citizenship subject co-ordinator is responsible for monitoring the standards of children's work and the quality of teaching. The subject co-ordinator supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. There is a rolling programme for reviewing our school policies.

**Note**

This PSHE and citizenship policy should be read in conjunction with the Health, Safety and Welfare Policy and contributes to the School Improvement Plan.

**Equality and Cohesion**

We aim to reflect the diversity of our local community and society and ensure that the education we offer reduces the chances of social divisions by recognising, celebrating and valuing different backgrounds, lifestyles and identities.