



Burford School & Nursery

'Enjoy, Achieve, Succeed Together'

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Dear Parents/Carers,

The theme of our PSHE unit next half-term is 'Changing me'. As per our Relationships and Sex Education Policy, we feel it is really important to work in partnership with our parents/carers by providing advanced notice on the teaching of any more sensitive content. This will allow discussions at home to take place (before or after the lesson) whilst also preparing parents/carers for any potential questions that may come home with your child.

In 2019, the Government announced that the delivery of Health and Relationships Education would become a compulsory subject from Summer 2021 with a recommendation for age-appropriate Sex Education in primary schools.

You can find details of the statutory framework here:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

You can find Burford School's Relationship and Sex Education policy here:

<https://www.burfordschool.co.uk/policies/>

Year 1 'Changing me' Overview

Lesson Number:	Approximate date of teaching*:	Learning Intention:	Vocabulary Taught:
4	W/C 29 th June 2026	<ul style="list-style-type: none"> To identify the parts of the body that make boys different to girls and use the correct names for these. To respect my body and understand which parts are private. 	Male Female Vagina Vulva Penis Testicles Anus Private body parts Inappropriate touch

*Please note that whilst dates have been provided, last minute timetable changes are likely to happen. This date will provide parents/carers with an approximate date.

Jigsaw PSHE is the scheme of work we to deliver our PSHE curriculum and the majority of our resources will come from this scheme. We may make use of some external resources and the links to these can be found here:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

Should you have any questions or queries, please do not hesitate to make contact with the class teacher.

Thank you for your support.

Year 1 Team

